



**New England Sinai Hospital**  
1 50 York Street, Stoughton, MA 02072  
781-344-0600

## **PRESS RELEASE**

**For Immediate Release**

**CONTACT: Carole Herrup (781) 297-1329**  
**Pamela Getz (781) 297-1507**

### Sinai's Howard Fogel, MD Receives National Recognition for Providing Quality Diabetes Care

STOUGHTON, MA — Lester P. Schindel, President and CEO of New England Sinai Hospital, has announced that Howard Fogel, MD has been recognized by the American Diabetes Association and the National Committee for Quality Assurance (NCQA) for providing quality care to his patients with diabetes. Dr. Fogel serves as Medical Director of the Richard Field Diabetes Center at New England Sinai Hospital, Clinical Instructor in Medicine at Tufts University School of Medicine and President of Sinai's Medical Staff.

“This is the third consecutive, three-year term that Dr. Fogel has earned recognition with distinction citation from the Provider Recognition Program of the American Diabetes Association and the NCQA. He receives this national recognition for helping to prevent or delay the devastating complications associated with this chronic disease,” said Sinai Chief Medical Officer Lawrence S. Hotes, M.D., F.A.C.P., F.A.C.E.

Dr. Fogel is board certified in Internal Medicine and Endocrinology and has been on staff at Sinai since 1990. He is a resident of North Easton, MA. He holds a medical degree from Boston University. After completing an internship and residency program at University Hospital, Boston, he served a clinical fellowship in medicine (Diabetes) at the Joslin Diabetes Center and a clinical and research fellowship in medicine and endocrinology at Massachusetts General Hospital. Dr. Fogel is a Diplomate, American Board of Internal Medicine in internal medicine and the subspecialty of endocrinology and metabolism. He is also a Fellow of the American College of Endocrinology.

The Diabetes Physician Recognition Program was designed to improve the quality of care that patients with diabetes receive by recognizing physicians who deliver quality diabetes care, and by motivating other physicians to document and improve their delivery of diabetes care. To receive recognition, which is valid for three years, Dr. Fogel submitted data that demonstrated performance that meets the Program's key diabetes care measures. These measures include eye exams, blood pressure tests, nutrition therapy and patient satisfaction, among others. When people with diabetes receive quality care as outlined by these measures, they are less likely to suffer complications such as heart attacks, stroke, blindness, kidney disease and amputations.

(more)

The Diabetes Center at New England Sinai Hospital is designed to promote the health and well-being of patients with diabetes. Through a team approach, the Center serves as a resource to the patient, the patient's family and the primary care physician. The Diabetes Center team makes a careful evaluation of the patient's overall health and history, and tailors an individualized program of medical management, education, nutrition, and exercise counseling. An ongoing program of treatment and support helps the patient maintain an appropriate level of glucose control and minimize complications. The Diabetes Center of New England Sinai Hospital has been recognized by the American Diabetes Association for Quality Patient Education since 1993.

NCQA is a private, non-profit organization dedicated to improving health care quality. NCQA accredits and certifies a wide range of health care organizations, recognizes physicians and physician groups in key clinical areas and manages the evolution of HEDISR, the tool the nation's health plans use to measure and report on their performance. NCQA is committed to providing healthcare quality information through the Web, media and data licensing agreements in order to help consumers, employers and others make more informed health care choices.

The American Diabetes Association is the nation's leading voluntary health organization supporting diabetes research, information and advocacy. Founded in 1940, the Association has offices in every region of the country, providing services to more than 800 communities.

New England Sinai Hospital is a 212-bed, non-sectarian, not-for-profit, long-term acute-care hospital with its main campus in Stoughton, MA and inpatient satellite units at Tufts-New England Medical Center in Boston and Caritas Carney Hospital in Dorchester. Recognized as a regional leader in pulmonary and medically complex care, Sinai also offers a wide range of outpatient programs and services. Sinai is a teaching affiliate of Tufts University School of Medicine.