

SINAI'S MEDICAL ADULT DAY HEALTH CARE PROGRAMS NOW AT STRIAR JCC

STOUGHTON, MA - New England Sinai Hospital's medical and Parkinson's Disease Adult Day Health Care program moved from its present location at the hospital, to the Striar Jewish Community Center on 445 Central Street in Stoughton. The move took place this fall. As always, participants in the Adult Day Health Care (ADHC) program benefit from Sinai's nurse-supervised program and team of caring professionals, and now also enjoy the rich and extensive social and recreational resources available at the JCC. The move to Striar strengthens a longstanding relationship between both organizations. Sinai's Rehabilitation Satellite, housed at the JCC, has been providing outpatient physical, occupational and aquatic therapy programs since 1995.

Sinai's medical and Parkinson's Disease ADHC program serves individuals in the metro-south towns of: Avon; Brockton; Canton; Easton; Sharon; Stoughton; and Randolph. Participants enjoy social, recreational activities, and a health care program that supports the needs of adults with chronic health care issues and Parkinson's Disease. ADHC provides a supervised day program for adults unable to stay home alone. Participants attend the program 2-5 days a week from 8 am to 4 pm, Monday through Friday.

Marleen Spengler, Sinai's ADHC Director says. "Our programs are designed to help frail adults remain in the community with their families, and moving to the JCC offered us an exciting new opportunity to meet the needs of more residents from Stoughton and neighboring towns."

Sinai's Adult Day Health Care Programs and the Striar JCC, are the perfect compliment to each other. The Striar JCC is a conveniently located, bright and spacious facility with specialized fitness programs and a host of cultural and recreational programs. Sinai's medical model ADHC Program adds another dimension to services available at the JCC. "We have brought two wonderful community resources together at one location," says Lester P. Schindel, Sinai President and CEO. "Sinai's Adult Day Health Care programs fill a great need for families in our community and both of our organizations are committed to meeting that need."

The ADHC program enriches the lives of all that attend by easing loneliness and providing an opportunity for socialization in a supervised environment. Sinai has been offering compassionate and quality adult day health care since 1983. To register, please contact 781-297-1369.

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New England Sinai Hospital and Rehabilitation Center, is a 212-bed, non-sectarian, not-for-profit, long-term acute-care hospital with its main campus in Stoughton, MA and an inpatient satellite unit in Boston. Sinai is recognized as a regional leader in pulmonary, medically complex and acute rehabilitation care. Sinai offers a wide range of outpatient programs and services which include a Diabetes Center, Neuroscience Institute, Wound

Center, physical, occupational and speech therapy and pulmonary rehabilitation. Sinai is a teaching affiliate of Tufts University School of Medicine.