

YMHA ALUMNI MAKE GIFT TO NEW ENGLAND SINAI'S PULMONARY REHABILITATION PROGRAM

STOUGHTON, MA— Gordon Cohen of Sharon, President of the YMHA Alumni Association of Boston (Young Men's Hebrew Association), recently joined New England Sinai Hospital President and CEO Lester P. Schindel in unveiling a plaque honoring the Alumni Association's 2006 gift to Sinai's Pulmonary Rehabilitation Program. The plaque, installed at the entry to the hospital's Outpatient Pulmonary Gym, features a drawing of the former YMHA building on Seaver Street in Roxbury. Dr. Alexander C. White, Chief of Pulmonary Medicine, and Dr. Nicholas S. Hill, Medical Director of Sinai's Outpatient Pulmonary Rehabilitation Program, spoke to Alumni Association members who attended the event and expressed their thanks for the gift, which will support various aspects of the Program. Gordon Cohen said that although the YMHA had disbanded, "we feel we continue to do good works by making this gift to Sinai."

The YMHA was founded in 1875 "for the moral and intellectual advancement of the Jewish population and for the relief of the deserving poor." Founded in 1953, the Boston YMHA Alumni Association dedicated itself to fostering good fellowship among its members and to aid its parent organization. The Alumni Association disbanded in 2006.

Sinai's Pulmonary Rehabilitation Program helps people with severe breathing problems overcome the physical limitations resulting from their disease. Patients recovering from an acute episode, those with lung disorders who need conditioning in preparation for surgery, and anyone whose activities are limited by chronic lung disease benefit from participating in the Program. Individuals may be referred by their personal physician, hospitalized patients may be referred upon discharge, and any person with chronic lung disease who feels he or she could benefit from the program may call to request an evaluation. For further information, please call (781) 297-1383.

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New England Sinai Hospital and Rehabilitation Center, a 212-bed, non-sectarian, not-for-profit, long-term acute-care hospital with its main campus in Stoughton, MA and inpatient satellite units in Boston and Dorchester. Recognized as a regional leader in pulmonary, medically complex and acute rehabilitation care, Sinai also offers a wide range of outpatient programs and services. Sinai is a teaching affiliate of Tufts University School of Medicine.